



EATING DISORDER SUPPORT SERVICE

## SUPPORT NETWORK

A network of support will vary depending on whether an eating disorder is mild, moderate, severe, critical or life threatening.

This is not a comprehensive list of services, merely a demonstration to show that multi-disciplines may be needed. The voluntary sector provide some excellent services and should be an add-on service and by no way in place of anything that should be provided by the NHS. Whatever you decide best suites you, there should always be a balance of meeting your emotional and physical needs.

**You will not need all of them, but you may need more than one!**

