



Website: www.seedeatingdisorders.co.uk

Group Membership

Membership


- The membership fee may have to be increased from the basic £1.00 per person per annum.
- On reflection it is just not cost effective
- Please support our ever developing organisation
- Renew your membership with Laura our Membership Officer.
- Thank you Laura for all your continued support.
- Any price increases will be effective from our year end 31st Dec 2007

Accept and Respect Yourself



Issue 5

January 2008

Support 
and
Empathy
for people with
Eating Disorders

New Name:-



S.E.E.D. Eating Disorders Support Services

As from the 1st January 2008 we will be known as S.E.E.D. Extensive work has been carried out to make the transition from the Eating Disorder Support Group to **S.E.E.D. Eating Disorders Support Services** Help line telephone numbers remain the same the web site has changed as we strive to provide even better services for 2008

Dates

*Support Group
Monthly Every 1st Wednesday
2nd January
6th February
5th March
2nd April
7th May*

*Self Help Group
Monthly Every 2nd Tuesday
8th January
12th February
11th March
8th April
13th May
10th June*

*Walking on Eggshells
Workshops for Carers
Saturday 26th January 2008
@ the Endsleigh Centre Hull
9.00 am to 3.30pm
01482*

Please book a place with Marg

*01482 718130 or
info@seedeatingdisorders.co.uk*

Volunteers



A warm welcome to Johnathan, Christopher who are new volunteers with the Group and to Holly who is an active volunteer becoming

an e mail buddy and the facilitator of the Self Help Group and Stairway to Recovery 2008

Farewell to Chris Phillips who has left the group due to work commitments. Chris has been with us since 2003 and I would like to say a big thank you for her commitment and dedication to the group. Good Luck Chris!

S.E.E.D. VISION



We are pleased to announce that the development of the Vision of S.E.E.D. is moving forward and we are at the stage now where we will be bidding in January 2008 to obtain our own premises.

There has been a tremendous amount of hard work going on 'behind the scenes' and 2008 will see the S.E.E.D having our own premises and offering much more in the way of programmes for sufferers and well as on going support and services for carers.

It is our vision to employ a Facilities Manager, a Case Manager as well as Counsellors and CBT Trained staff.

We will continue to work in partnership with Health and Education and continue raising awareness within schools, colleges and healthcare establishment. More awareness for GP's and more accessible services to many.

2008 will provide support services for eating disorders!

Charity Trustees

Welcome to Gill Poole who is to be our Chief Executive, to Carol Upton and Said Ali and to Janette Wilson and Claire Blacklock.

The management trustees remain as follows:-

Marg—Secretary

Dennis—Treasurer

Val—Chairperson

We are delighted to welcome everyone and are looking forward to making 2008 the start of growth and development of

S.E.E.D. Eating Disorders Support Services
Charity No 1108405

Change of Website Address

www.seedeatingdisorders.co.uk

We are very excited at the development of our new website and thank you to Garry Hancock for his hard work. The new site is much more interactive and the pdf formatted files are now ready to be installed and available for downloading. As ever we strive to meet the needs of others and as an when new leaflets and documentation is developed this will be added to the site. Why not take a look!

S.E.E.D. Eating Disorders Support Services



DROP IN



at
The Central Library
Hull

Saturday 1st March 2008

10.00am to 4.00pm

In conjunction with
Eating Disorder Awareness Week
25th February—3rd March 2008
www.seedeatingdisorders.co.uk
Help line (01482) 718130
For more details

STAIRWAY TO RECOVERY

in the treatment of
BULIMIA NERVOSA
and

BINGE EATING DISORDER

Start on 6th March 2008

This is a 4 month self help
guided programme

For more information visit our
website

www.seedeatingdisorders.co.uk

email

info@seedeatingdisorders.co.uk

or contact Marg on

(01482) 718130